



Sacred Heart Girls' College

Newsletter

3 May 2021 No. 391

For the month of May we honour Blessed Mary as the Mother of Jesus and our Heavenly Mother. She is a model of faith and a role model for women everywhere. In her we see the qualities of gentleness, kindness, compassion, patience and wisdom; traits of mothers and those women who nurture and care for others.



Mary and Jesus, by Aboriginal artist John Dunn (Aboriginal Catholic Ministry)

A PRAYER IN GRATITUDE FOR OUR MOTHERS

Gentle God,
We pray in gratitude for our mothers and for all women
Who have joined with you in the wonder of bringing forth or supporting life.
You who became human through a woman, grant to all mothers the courage
they need to face the uncertain future that life with children always brings.
Give them the strength to live and to be loved in return, not perfectly, but humanly.
Give them the faithful support of family and friends as they care for the physical and spiritual growth of their
children.
Give them joy and delight in their children to sustain them through the ups and downs of motherhood.
Most of all, give them the wisdom to turn to you for help when they need it most.

Author Unknown (adapted from <https://www.xavier.edu/jesuitresource/online-resources/prayer-index/mothers-day-prayers>)

Term Dates for 2021

TERM 1:

Monday, 1 February – Wednesday, 31 March (last day of classes)

TERM 2:

Monday, 19 April – Friday, 25 June

TERM 3:

Monday 12 July – Friday 17 September

TERM 4:

Monday, 4 October – Friday, 3 December

The Weeks Ahead

Monday, 3 May	Year 7 Immunisations Jewish Museum Excursion (Year 8 Blue & Gold)	Monday, 10 May	Peer Support
Tuesday, 4 May	Jewish Museum Excursion (Year 8 Green & Purple) Peer Support Vocal Soiree	Tuesday, 11 May	NAPLAN Years 7 and 9
Wednesday, 5 May	-	Wednesday, 12 May	NAPLAN Years 7 and 9
Thursday, 6 May	Open Morning Jewish Museum Excursion (Year 8 Red & Silver)	Thursday, 13 May	Feast of the Ascension NAPLAN Years 7 and 9
Friday, 7 May	Year 12 Mother's Day Breakfast	Friday, 14 May	-
Saturday, 8 May	-	Saturday, 15 May	-
Sunday, 9 May	Mothers' Day	Sunday, 16 May	-

continued

Monday, 17 May	Year 8 Immunisations	Friday, 21 May	-
Tuesday, 18 May	Whole School Assembly Peer Support Year 12 Theatre Studies Performance	Saturday, 22 May	-
Wednesday, 19 May	-	Sunday, 23 May	-
Thursday, 20 May	House Cross Country		

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WELCOME TO TERM 2

As we begin Term 2, I need to remind you of the ongoing challenge of traffic around the school. This problem is mentioned at various times throughout the year. Over recent weeks, the congestion has been serious, and the rights of our neighbours are not being respected. Below is correspondence I received from a very concerned neighbour.

Good afternoon,

I am writing to you with regard to the traffic situation on Latrobe Street during school drop off and pickup. I am a resident on Latrobe Street and I am concerned about the fact that our street is blocked from Kangaroo road down to the roundabout at Barkly street almost every school day (especially at pickup times). Sometimes the jam extends onto Barkly Street all the way to Warrigal Road which is extremely dangerous (as per attached photo). I am not able to get out of my driveway to pick up my children from primary school as people stop in the middle of the street and wait in their cars sometimes up to 15 minutes for their children. They are not able to move as there is a car behind and in front of them. This has been going on a long time but today in particular when I eventually pulled out, there was a car driving up the wrong side of the street and I nearly had an accident.

Putting aside local residents inconvenience, this is a safety matter for the children as there are cars up and down the street so visibility is reduced. Also other people get very frustrated and drive irresponsibly as they can't get past the traffic jam e.g. driving on the wrong side of the road right in front of the school.

I should point out that my children attend a local primary school and this behaviour is simply not tolerated there. I park my car 2 streets away from the school and walk the rest of the way as do the other parents. The principal occasionally sends reminders in our school portal for parents to be mindful of other children at pickup and obey the road rules.

I have attached a couple of photos from my ever growing collection of parents cars blocking our street. I really do want the best for your school given our proximity hence why I am giving you the opportunity to act on this issue. If I don't see progress on this in the next week, I will be taking my large collection of photos and shaming the school in the local paper and with the council. Better that than one of your students being seriously injured or killed. It would be a simple matter for parking inspectors to come to our street at 3:15 and fine every parent who is sitting in the middle of the street and boxed in.



Our neighbour clearly articulates the situation and the danger posed by such illegal action.

Please be mindful of our neighbours and the safety of your daughters. As has been suggested on numerous occasions, please park a few blocks away from the College and your daughter is to walk safely to and from your car.

CONGRATULATIONS to the *aerobics teams*

who have now qualified for the Victorian State Championships in June after successfully moving through the qualifying rounds last Friday at Doncaster Secondary College.

SENIOR TEAM "VIVACIOUS"	JUNIOR TEAM "DYNAMITE"
Peta Fenton-Mathews (12 - Captain)	Elaria Atluri (8)
Tiffany Carlson (12 - Vice Captain)	Madison Campbell (8)
Eden Platcher (12 - Vice Captain)	Sasha Hannan (8)
Felicity Hickey (11)	Lauren Kelly (8)
Gabrielle de Robillard (11)	Ollie Migliorati (8)
Grace Martin (11)	Isabella Patti (8)
Claire Stewart (11)	Josie Andronaco (7)
Emma Minns (10)	Layla Hayward (7)
Cristina Lambrianidis (9)	Bianca Rechichi (7)
Ellana Prounarou (9)	



Thank you to the aerobics coaches: Anna Mordue and Kellie-Anne Bear. Thank you also to the family and friends who provided great support to the teams at the competition.

CONGRATULATIONS to the members of the *Jazz Ensemble* who competed in the Victorian All State Jazz Festival at St Leonard's College Brighton East, on Sunday, 2 May.

Rosario Acosta Fernandez (Flute)
Valentina Acosta Fernandez (Trumpet)
Alicia D'Cruz (Saxophone)
Caroline Mead (Piano)
Elizah Taylor (Percussion)
Rosalie Tran (Bass Guitar)
Patricia Savat (Drums)



Thank you to the members of the instrumental Music Department in supporting the students' entry into this Festival. Special thanks to Gordon Li, Isobel McManus and Kate de Lacy for offering great encouragement to the students at the Festival.

Staffing

There have been a number of staffing changes at the beginning of this term due to staff members requiring personal leave. Alison Robinson continues on leave and both Sinead Senaweera and Leigh Shelley began leave at the start of the term. This has resulted in a number of classes experiencing a change of teacher as replacements and substitutes have been organised. I sent a letter out last week indicating the necessity of change. The new timetable came into action this week. Please refer to your daughter's new timetable for changes that may have been made.

In your prayers and thoughts, please remember

Ajith, brother of Anitha George

Andrew, brother in-law of Tracey Clarke

Mrs Iolanda Mortale, mother of Maria Bogovic who died recently

We also remember in our prayers, the many thousands who are dying in India due to the COVID-19 pandemic.

***Eternal rest grant to them O Lord
May perpetual light shine upon them
May they rest in peace
Amen***



Every blessing for the fortnight ahead.

Christopher Dalton
Principal

"Saint Joseph's work reminds us that God himself, in becoming man, did not disdain work. Let us implore [#SaintJosephTheWorker](#) to help us find ways to express our firm conviction to say: no young person, no person at all, no family should be without work!" [PopeFrancis@Pontifex](#) 1 May 2021

Attention Year 7 & 9 Parents - NAPLAN Testing

On **Tuesday 11, Wednesday 12 and Thursday 13 May**, students will undertake the 2021 NAPLAN tests. The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an annual event for schools since 2008, except for 2020 when they were cancelled due to the COVID-19 pandemic. NAPLAN is conducted by the Victorian Curriculum and Assessment Authority (VCAA) on behalf of the Australian Curriculum Assessment and Reporting Authority (ACARA).

Your daughter will be completing the paper version of the tests in 2021 and sitting these tests at school as part of her normal school day. Normal timetabled classes will occur around the test schedule. Students will be supervised by their classroom teachers and complete each task under test conditions. We would ask that attendance at school is a priority on these days. Please avoid scheduling any personal appointments on these dates as test dates cannot be rescheduled.

NAPLAN is made up of tests in the four domains of Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy. NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australian students. All students are encouraged to participate in the tests.

NAPLAN tests are constructed to give students an opportunity to demonstrate skills they have learned over time through the school curriculum, and NAPLAN test days should be treated as just another routine event on the school calendar. The best way you can help your daughter prepare for NAPLAN is to reassure them that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day.

ACARA and the College do not recommend the use of commercial products, such as booklets and practice tests, to help your daughter prepare for NAPLAN tests.

None of the commercial products currently on the market are endorsed by ACARA. The use of services by coaching providers is also not recommended.

An individual student NAPLAN report will be issued later in the year. Parents can use this information to monitor how their daughter is progressing and to identify any areas of concern. Parents may also wish to use their daughter's results to discuss progress with teachers.

Commencing this year, NAPLAN Certificates of Achievement will be awarded to Year 9 students who achieve results in Reading and/or Numeracy that places them in the very top band of NAPLAN, or who significantly improve on their Year 7 results. The new certificates celebrate students who achieve the highest level and those who excel by making exceptional progress, irrespective of where they start. The Certificates of Achievement will be awarded to recipients and jointly signed by the Minister for Education and VCAA CEO. Their introduction aims to motivate students to bring their best efforts to the NAPLAN assessments so the results can inform the evaluation and the effectiveness of teaching and learning strategies.

Further information for parents available on the [NAPLAN website](#)

Arrangements for Test Days – Year 7 and 9 students

Please ensure that students have the required materials with them on these days: a 2B or HB pencil, sharpener, eraser, and on **Thursday - their calculator**.

Further information for students will be included in SIMON daily notices a few days prior to the tests.

NB: Times include introduction and set up of tests, as well as writing time. At the completion of the tests, normal timetabled classes will be held.

Julie Swanson
Deputy Principal – Learning and Teaching

Tuesday, 11 May	Wednesday, 12 May	Thursday, 13 May
Periods 2 & 3	Periods 1 & 2	Periods 1 & 2
Language Conventions 9:50am to 10:45am Task: 45 minutes	Reading 8:50am – 10:05am Task: 65 minutes	Numeracy (calculator) 8:50am – 9:55am Task: 55 minutes
Writing 11:20am to 12:10pm Task: 40 minutes		Numeracy (non-calculator) 10:00am – 10:10am Task: 10 minutes

Holy Week and Easter

During Holy Week, each religion class took the time out of their day to walk around the school in a prayerful manner to take part in the Way of the Cross. The Stations of the Cross used in our reflection were illustrated by Aboriginal artist John Dunn. Dunn's interpretations of the journey Jesus took to his death, were accompanied by reflections on his own life story.

Students were able to make the experience thought provoking and more personal as each image was accompanied by a question for each student to quietly reflect on and ponder. The idea was that all of us are on our own life journey and we too can relate to the suffering Jesus experienced during the Passion. This was a great way to get everyone to think about the moments in our lives when we have struggled and acknowledge the individuals for whom we are grateful. The Way of the Cross enabled each individual to interact and reflect.

The College community began Term Two by gathering for our Easter Mass. It was our first College Mass for the year and a very prayerful atmosphere was created. The Resurrection of Easter was symbolised by the colourful butterflies, made by the Faith and Liturgy Leaders and their helpers, which were placed on crosses carried by representatives of each year level in the entrance procession. Butterflies are a symbol of new life and transformation of faith in the Easter season.

A big thank you to Ms Compton, Ms Clarke, Ms Calo, the Faith and Liturgy Leaders and the choir who helped to make this possible.

Nikita Ravi, Deputy Captain Faith



Monash Youth Services Young Women's Leadership Program

Early this year, I along with students in Years 9-12, received an email, regarding interest in the Young Women's Leadership Program (YWLP) coordinated by Monash Council. Initially, I was uncertain with my decision to join the program as I was not sure what to expect or if I would know anyone attending. However, I soon discovered we all shared common interests and a passion for gender equality. The program was truly a rewarding experience.

As part of the program, we explored friendships and relationships, helping us attain a strong understanding of who a true friend is and advice when meeting new people. We also affirmed our right to our own decisions and choices, knowing that we do not need to be dictated by anyone male or female, older or younger and no matter what anyone says, we have the right to our own decisions that impact us.

Entering a previously unfamiliar field, we investigated financial independence, what makes a good resume and how to find a part time job whilst, learning that we all, have the right to ask for a pay rise and the various ways we can go about achieving this.

The skills associated with public speaking were strengthened as we not only discussed what factors contributed to exceptional public speaking as opposed to simply good, we also engaged in activities to help us think and respond on our feet, putting into practice the skills we had learnt and improving our public speaking.

Some key important learnings for me were the difference between equality and equity, how one affects the other and importantly how we go about working towards achieving them for women. Another was that the best leaders are not necessarily those who do the greatest things, but those who assist others in achieving greatness. The Young Women's Leadership Program (YWLP) provided an environment in which many young women were able to learn comfortably and express their opinions confidently free of judgement. Furthermore, the YWLP afforded me an opportunity to foster friendships with people with who want to grow in their understanding of issues affecting women and would like to do something about them.

Having the ability to discuss issues such as gender inequality, women empowerment, and a range of varying topics, enabled the transference of power back into our hands as we, young women, get to decide how we go about advocating and driving change to address these issues.

I definitely recommend the Young Women's Leadership Program to students who are interested in and passionate about female empowerment and the issue of gender inequality, which continues to challenge our world today. This leadership program provides a contagiously positive, safe, and encouraging environment in which you are able to feel comfortable and empowered in sharing your ideas and expressing yourself.

Gabrielle de Robillard Year 11

When I first joined the program, I wasn't sure what to expect but after completing it I can wholeheartedly say that it was everything I anticipated and more.

I have come out of the program more confident, socially aware and a proud feminist. Both Sammy and Siobhan were so friendly and created such an inviting environment for us to learn and have discussions in. The program covered a range of different topics over the span of 10 weeks including financial independence and dealing with friendships which are such important skills that we can carry for the rest of our lives.

Through the program I learnt so much about myself and the world around me. I was also given the privilege to meet so many amazing young girls and make memories that I will cherish forever.

Nekesha Gratian Year 10

If anyone were to ask for recommendations for a place where they can feel supported by others, create opportunities for themselves and overall discover their true identity, I would definitely recommend the Young Women's Leadership Program.

Being in such an empowering, welcoming and supportive community made a major impact on myself and who I see myself as. Prior to the program, I was quite timid and reticent. However, being in such a diverse and safe atmosphere has made me more confident and outspoken. The program has strengthened my skills ranging from leadership all the way to communication adroitness. Furthermore, it has created everlasting friendships and confidants that I am eternally grateful for.

Although some of the topics that were discussed may be deemed as 'heavyweight', I found that discussing those themes relieved any sort of additional stress I might have had prior to the program. The program helped me discover that I wasn't alone with the dark thoughts that I was feeling or the worries that I had. In fact, the concerns I had may indeed be ubiquitous within the community. It showed that everyone, no matter their age or experience was or is in the same boat as I am. This has really encouraged me to talk to others if I was experiencing difficulties and has heightened my awareness of other people's feelings.

Overall, the Young Women's Leadership program has been one of the best highlights of my year and I am extremely glad that I have taken up on this opportunity. I am so grateful for the support and the endless unconditional love the community has given me. From here, I will continue to strive for my goals, take up incoming opportunities and continue to always look for improvements in myself.

Isabella Young Year 9

International Women's Day

The Student Representative Council (SRC) has started this year with a bang with successfully organising two of our major events of the year - International Women's Day and Bullying No Way Day.

International Women's Day

Here at Sacred Heart, we stress the importance of female empowerment and firmly believe that girls should have the right to determine their own future. We celebrate International Women's Day to promote this message.

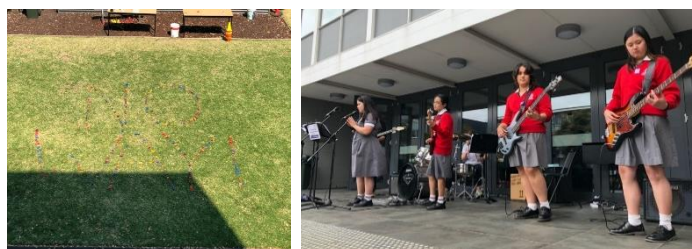
This year, the theme is "Choose to Challenge", encouraging people around the world to call out inequality and question the injustices and stereotypes they witness around them.

The SRC members dedicated many lunchtimes to selling International Women's Day badges and managed to sell almost 400 of them. If anything is certain in this world, it's that Sacred Heart students love a badge! Another way our students were able to show their support for the cause was to wear the free purple ribbons cut and distributed by the Environment SRCs.

The team explored many avenues of spreading awareness, including displaying quotes from inspirational women near the entrance of our College. Our RNDM SRCs captured photos of lovely student volunteers with the 'Choose to Challenge' pledge messages and created a slideshow which was displayed on screens throughout the school. Additionally, a playlist full of funky tunes about strong women was created and played in the courtyard by our Student Wellbeing SRCs.

The SRC would also like to thank the College Rock Band for their amazing performance at lunchtime. It was wonderful to be able to celebrate the talents of our students on such an important day.

While some tasks were assigned to certain portfolio groups, it was wonderful to see the entire team come together and help each other whenever possible.



Bullying No Way Day

On Friday, 19 March, the SRC organised an awareness-raising activity at lunchtime in recognition of Bullying No Way Day. But this year was a little different. In previous years, we have written our names in chalk in the school carpark to show our support for anti-bullying. However, in order to comply with COVID safe practices, we needed to think a little outside the chalk.

That's when we struck inspiration from the Kindness Rocks Project, an organisation that aims to bring workplaces and school communities together through friendly and caring messages written on colourful stones. With help from Mrs Unwin and the maintenance team, the SRC rallied together to wash and prepare the rocks for Friday's event. While washing the rocks, we realised a certain beauty in the fact that all of them were unique and different from one another, just like we are as individuals.

On Friday, the rocks were washed, painted and ready to go. The SRC encouraged all students to visit our Indigenous garden next to the basketball court to write their name on a stone, or with a group of friends, write a message of kindness, like "Try be a rainbow in someone else's cloud" or "Don't let anyone dull your sparkle." After all the rocks were signed and gathered, we arranged the very colourful rocks in the garden to spell out "No Way", to promote our strong stance against bullying.

Although we always look forward to our chalk-writing activity in the carpark, Friday was a success, and it was a really lovely way to show our support for one another, no matter how unique we all are.

We would like to especially thank Mr Casserly and the maintenance team for gathering our materials, and to Mrs Unwin for helping us put our idea into action.

We look forward to many more exciting challenges ahead, especially our SRC Breakfast beginning in Term 2 and our celebrations for Sacred Heart Day.

Year 7 & 8 students and staff enthusiastically celebrated Harmony Day at lunchtime on Friday, 26 March. Students at SHGC have a rich and diverse array of cultural backgrounds and religious traditions and Harmony Day enabled us to come together, learn from one another and foster participation, inclusiveness, respect and belonging. Harmony Day was celebrated nationally on Sunday, 21 March with the intent of promoting more tolerant and culturally literate society.

Years 7 and 8 student leaders identified, organised and led a range of activities including cultural dances, games, language classes, anime drawing, cultural greetings, and other visual displays which were greatly enjoyed. Students and staff were treated to a visual feast in the Euphrasie Barbier Open Space with eye-catching figures and hand shapes, representing every country in the world and the religious traditions followed in Australia decorating the walls.

With our best wishes

Kate de Lacy and Anne Noonan
Year 8 Level Leader and Year 7 Level Leader



>>> Student Comments

On the 26th of March, our school celebrated Harmony Day. In the Euphrasie Barbier Open Learning Area, there were lots of decorations and activities to celebrate the many cultures and backgrounds in the school. In each of the Year 7 Homerooms there were fun and exciting activities. Lots of the Year 7 and 8s came at lunchtime and participated in various events such as the Anime Room, Cultural Kahoot, Italian Room, Bracelet Making/Cultural Beads, a 'Where were you from?' Map and Cultural Dancing. All the events were really fun, and the atmosphere was very gleeful! **Laura Vu Year 7**

Harmony Day at Sacred Heart was a day to remember. The Years 7 & 8s worked collaboratively with Mrs Noonan and Mrs de Lacy to develop ideas that everyone would enjoy. The day signified friendship, impartiality and justice through various activities such as Asian corner, Cultural Dancing, 'Around the World' Kahoot plus much more. Orange ribbons were distributed to signify inclusion, social communication, respect and freedom. Unity was expressed by embracing the different religions, ethnicities, and traditions of our school community and celebrating who we are and where we come from. We had heaps of fun and learned a lot. **Phoebe Tran Year 8**

Harmony Day is an amazing day where Year 7s and above enjoyed themselves during lunch! This year's Harmony Day was great fun, and no one was left out. There were dances, little stalls giving out presents and most importantly the diversity of all our cultures and backgrounds were being appreciated. We were able to better understand each other's religions, cultures, and each other in general. I loved that the teachers were also getting involved and sharing their own traditions too. Everyone was very respectful to each other and the whole lunch was really fun!

Aesha Konar Year 7

Harmony Day felt like an exciting thrill and adventure. Not only through the energetic cultural dancing that produced wide grins but through the newfound knowledge of each different country and culture. The Asian corner was enticing with Ms Awiaty teaching us an Indonesian game which included a ball and metal jacks. **Teneika Fraga Year 8**

Science Activities to Explore

> All Year Levels

Write a poem – plant a tree!

POEM FOREST is a free Nature Poetry Prize that literally breathes life back into the world that sustains us. Created by Red Room Poetry, in collaboration with The Australian Botanic Garden Mount Annan (NSW), POEM FOREST deepens our connection with nature by inviting students, teachers and communities to create and publish poems inspired by the natural environment. For every poem received, a native tree will be planted in the Australian Botanic Garden to help heal critically endangered habitats and create a POEM FOREST for future generations.

POEM FOREST encourages young people to use their words to make positive climate action through poetry. All POEM FOREST entries will be published and in the running for \$5,000 worth of prizes, including \$500 cash for each category, book packs from Copyright Agency and Magabala Books, as well as Garden tours, trees and publication opportunities.

[Poem Forest | Australian poetry projects, events and exhibitions by Australian writers | Red Room Poetry](#)
Entries now open

Submissions close: Friday, 17 September 2021

> Year 11 Students

National Youth Science Forum (NYSF)

In early 2022, the NYSF will deliver a 12-day program via a combination of in-person and digital STEM experiences. Participants will experience everything the NYSF is famous for, including keynote speakers, lectures, hands-on workshops, debates, expos and enriching social activities.

[National Youth Science Forum - Inspiring Australia's Young Scientists \(nysf.edu.au\)](#)

Monday 10 January - Tuesday, 25 January 2022

Applications due: Friday, 2 July 2021

> Year 11 and 12 Students

International Science School online

Be inspired by talks from world-renowned scientists, go on virtual tours of cutting-edge research facilities, and take part in mind-expanding hands-on workshops and activities – all without leaving home!

[International Science School - Faculty of Science \(sydney.edu.au\)](#)

Monday, 5 July - Friday, 9 July 2021

Applications due: Friday, 7 May 2021

Peter McClive
Science Learning Leader

Year 12 Theatre Studies

The Year 12 Theatre Studies class has been working very hard on their class play **Boy Girl Wall** by Matthew Ryan and Lucas Stibbard, and would like to warmly invite you to their performance.

When: Tuesday, 18 May

Where: SHGC Dance Studio

At: 6 pm

Free Entry

This is not a love story. This is a story about love. This is the story of Thom and Alethea. Two neighbours in an apartment block, trying desperately to keep their lives from falling apart. But the wall that stands between them has decided they belong together.

It is a fast-paced, engaging, light hearted play with a wonderful variety of characters like Monday, Floor, a Magpie expert and a computer named Dave.

We look forward to seeing you there.
Thank you

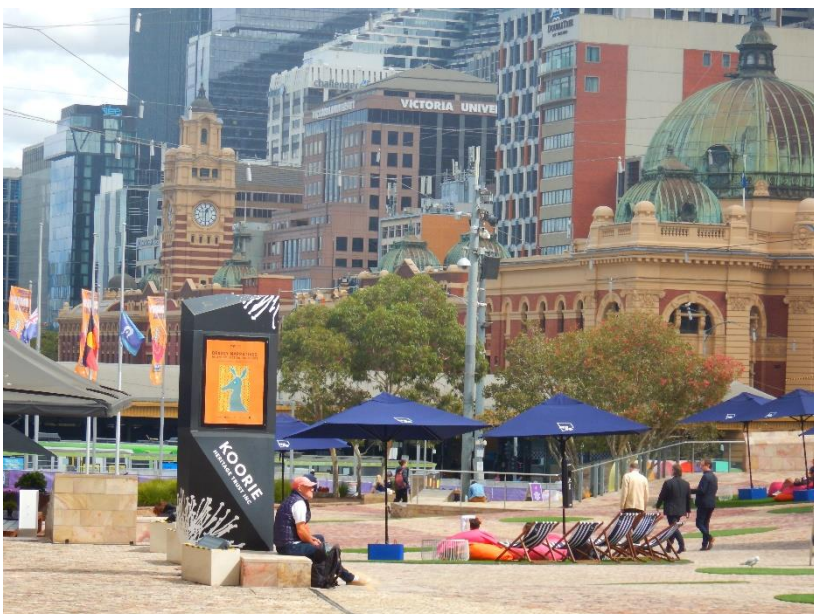
Ms Learmonth and the Theatre Studies class



Geography

Sacred Heart students undertake fieldwork as an integral element of their Geography studies at each year level. These are truly enjoyable experiences that enable students to explore a variety of rural and urban environments. In term 1 Geography students from Year 8 explored Sherbrooke Forest to better understand the many varied species and conditions of a rainforest environment and how these interact. Some students from Year 10 Geography travelled to the Mornington Peninsula to document the changing coastline, natural processes at play and impacts of human activity. Other Year 10s participated in a walking tour of the CBD to better understand living conditions in our very own city. Not only does Geography fieldwork bring classroom learning to life; it also develops vital skills in primary data collection, analysis, teamwork, problem solving and higher order thinking.

Dominique Wiegand
Humanities Learning Leader



Special Achievements

Emma Middleton > 8 Gold

We would like to congratulate Emma for her achievements at two Little Athletics State events over the last few weeks. On 13 and 14 March, Emma competed in the State Track and Field Championships at Lakeside Stadium in long jump, 80m hurdles and triple jump (where she placed in the top 10).

On 28 March, Emma competed in the State Relay Championships at Casey Fields where her team won the bronze medal in the U13 girls 4x100m relay in a time of 52.30 seconds.

Congratulations Emma; we wish you every success with your future athletics.



SCSA Diving Competition

After many weeks of training, we were very excited for the evening competition as it was our last year participating in the SCSA Diving at Sacred Heart. Arriving at MSAC, we were nervous but couldn't wait for the competition to start. Warming up in the pool, we were getting last minute tips from our coach, Ruby Neave. We competed and everyone was amazing. Placing 2nd overall, congratulations to everyone. The SCSA Diving and Swimming night was so much fun, we received so much support from our teachers and peers. Thank you to everyone involved!

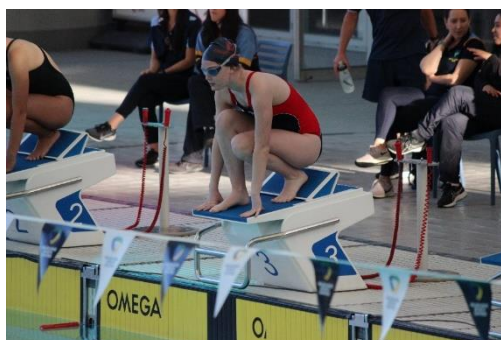
Tiffany Carlson > Diving Captain 12 Green
Peta Fenton-Mathews > Diving Vice Captain 12 Red



SCSA Swimming & Diving Competition

On the 10th of March, the Sacred Heart swimming team successfully placed 3rd overall in the SCSA Swimming & Diving Competition for Division 2. With the delicious dinner provided by the school, we were ready to swim our hardest during the evening. The team worked really hard during training sessions and performed with great enthusiasm and competitiveness, encouraging and supporting one another on the night. Overall, it was a great event allowing our school, once again to show off our brilliant teamwork skills.

Jade Smith > Swimming Captain &
Patricia Savat > Swimming Vice Captain



Canteen Parent Volunteers

We are very excited to be able to have our parent volunteers back in the canteen. Thank you to all those who have stayed on the roster. We do have some vacancies so if you would like to help twice a term from 11.30 to 2 and have a current Working with Children card, please contact the school or email jwitts@shgc.vic.edu.au

Canteen Payments

Thank you to all the families who have registered and are using our online ordering system. Please remember that ordering online allows your daughter to collect her food at recess and lunchtime without lining up – and they don't miss out on what they would like to have.

When paying for over-the-counter sales we ask that payment is by EFTPOS or correct cash. No change is given and the students cannot get change from other areas of the school. If your preference is to use cash, you may need to make sure you have coins or \$5 notes on hand.

Julie Witts
Canteen Manager



For some children, school isn't an easy place to be. Many find it hard because beyond the school gate they're dealing with some tough issues: family violence, neglect, living out of home or social and emotional challenges.

MacKillop Family Services needs to raise \$250,000 to continue and grow their use of therapy dogs to support kids who've experienced abuse, neglect or other childhood trauma.

Help vulnerable kids in Victoria to connect with education and succeed at school, donate on Wednesday 28 April and have your donation tripled.

paws4kids.org.au

