



Sacred Heart Girls' College

Newsletter

15 March 2021 No. 389

> International Women's Day (8 March) Reflection

*We honour women all over the world, sisters in our one human family.
We honour their courage, as they overcome the challenges of living in extreme poverty.
We are thankful for their care for our common home.
We admire their dedication to the common good.
We learn from their commitment to the progress of their whole community.
We are enriched by their passion and generous sharing of their cultures.
We honour their open hearts and feel so privileged to hear their stories.
We pray for women who spread joy and nurture hope throughout struggles.
We support their determination as they strive to attain new skills and expertise.
We honour the extraordinary roles they have in their communities.
We stand with women as they open new horizons for the next generation.
We celebrate women as mothers, sisters, wives, friends, leaders, champions, advocates and world changers.*

> International Women's Day Prayer

*Gracious God, we pray for ourselves and all women around the world.
Strengthen us to stand in solidarity with our sisters experiencing poverty and injustice.
Open our hearts to listen and serve.
Give us the courage to hope and work for a better future for all women.
Awaken us, that we may fully realise our interconnectedness to our one global human family.
Guide us with your spirit, to welcome champion, practically and joyfully love each other.
Amen*

Gracious God, we pray for ourselves and all women around the world.

Strengthen us to stand in solidarity with our sisters experiencing poverty and injustice.

Open our hearts to listen and serve.

Give us the courage to hope and work for a better future for all women.

Awaken us, that we may fully realise our interconnectedness to our one global human family.

Guide us with your spirit, to welcome, champion, practically and joyfully love each other.

Amen



Term Dates for 2021

TERM 1:

Monday, 1 February – Wednesday, 31 March (last day of classes)

TERM 2:

Monday, 19 April – Friday, 25 June

TERM 3:

Monday 12 July – Friday 17 September

TERM 4:

Monday, 4 October – Friday, 3 December

The Weeks Ahead

Monday, 15 March	SCSA Indoor Cricket Year 10 Career Interviews	Monday, 22 March	-
Tuesday, 16 March	-	Tuesday, 23 March	Learning Conversations
Wednesday, 17 March	-	Wednesday, 24 March	-
Thursday, 18 March	Year 10 Career Interviews	Thursday, 25 March	Feast of the Annunciation
Friday, 19 March	Bullying No Way Day	Friday, 26 March	-

In this Issue >

Message from The Principal

Deputy Principal – Student Wellbeing

Deputy Principal – Learning and Teaching

Year 8 News

Year 12 News

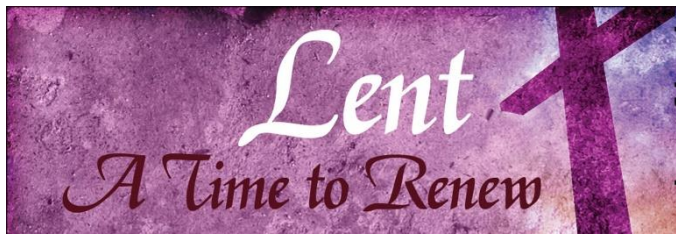
Humanities

Sports

RE Learning Area

Social Justice News

Canteen News



We are at the halfway mark through Lent, perhaps providing us with a time for reflection on how our Lenten journey is progressing.

Joan Chittester reflects:

The Scripture for the opening of Lent (Joel 2:12-18), takes us back to a time of great danger in Israel. The land has been ravaged by locusts, the crops are failing. The very life of the population is in question. The prophet Joel, convinced that the people have brought the disaster upon themselves by virtue of their unfaithfulness, summons the House of Israel to repent. But, interestingly enough, he does not call them to attend penance services in the synagogue. He does not require them to make animal sacrifices in the temple. He does not talk about public displays of remorse, the time-honored tearing of garments to demonstrate grief. No, Joel says instead, "Rend your hearts and not your clothing."

Lent is about becoming, doing and changing whatever it is that is blocking the fullness of life in us right now. Lent is a summons to live now.

When we "rend our hearts" we break them open to things that we are refusing for some warped reason to even consider. We have refused for years, perhaps, to even think about renewing old commitments that we've allowed to go to dust, ie spending time with the children, visiting our parents, exercising, taking time to read good books. We've closed our minds, maybe, to the thought of reconciling with old friends whom we have hurt.

Perhaps we've refused to put the effort into reviving old spiritual practices like visits to church, meditation in the morning, and memorising the psalms, and have failed to substitute new practices. Maybe we've refused to repent of old abrasions, quick words, harsh judgements made in haste and expiated never. We have closed the doors of our hearts, as time went by, to so many of the things we need to live full and holy lives.

Lent is the time to let life in again, to rebuild the worlds we've allowed to go sterile. If our lives are not to die from lack of nourishment, we must sacrifice the pride of the sloth or the listlessness that blocks us from beginning again.

Then, as Joel promises, God will have pity on us and pour into our hearts the life we know down deep that we are lacking.



Welcome to Sacred Heart Girls' College

We welcome our new and valued members of staff >

New Staff >>>>

We welcome the following new and returning staff members to our College community this year. We extend a warm Sacred Heart welcome to those joining our community.



Stephanie Cross
Religious Education



Emma Hornby
English, Religious
Education



Frank Jansz
Mathematics



Ella Robinson
Politics, History and
English



Kellie Ryan
Instrumental Music

Replacement Staff >>>>



Linda Parlee
College Counsellor



Jacinta Formosa
Mathematics



Maria Varra
Italian



Basia Quill
Drama



Helen Flanagan
Religious Education and
English



Stephanie Lewendon-Lowe
Instrumental Music








Angela McStephen
Instrumental Music

Congratulations








High Achievers' Assembly (Class of 2020)

>>> Special College Awards

<p>Valedictorian Award</p> <p>Awarded to a Year 12 student who, by her sustained example, has been a role model to other students with her attitude and endeavours at the College.</p>	 <p>Jodie Do</p>
<p>Principal's Award</p> <p>Awarded to one student from each year level to acknowledge her efforts in her studies and her compassion and friendliness to others in her year level.</p>	 <p>Petra Bartha</p>
<p>Euphrasie Barbier Award</p> <p>Awarded to one student from each year level who is actively involved in the life of the College through her faith and social justice work.</p>	 <p>Sarah Fritchley</p>
<p>Sr Theresa Parish Award</p> <p>Awarded to a student who has shown persistence and perseverance in relation to her studies.</p>	 <p>Sayurii Katheesan</p>
<p>Marlene Smith Award</p> <p>Awarded to a Year 11 or 12 student who, has shown outstanding service to music throughout their time at the College.</p>	 <p>Hoang Hong May Nguyen</p>

Also acknowledged on the day, were the Year 12 2020 recipients of awards that are sponsored by external organisations.

>>> External Awards

<p>ADF Long Tan Award</p> <p>Recognises one student from Year 10 and one student from Year 12 who have demonstrated exemplary leadership and teamwork in a multitude of areas.</p>	 <p>Piosha (Keshi) Balapitiya</p>
<p>ADF Future Innovators Award (STEM related)</p> <p>Recognises a student who has demonstrated motivation and innovation in the areas of STEM within their school, and who displays strong personal ethical values.</p>	 <p>Melanie Noonan</p>
<p>Rotary Outstanding Citizen Award</p> <p>Recognises students who have demonstrated excellence and commitment in Rotary activities throughout the year.</p>	 <p>Vanrika Heldt</p>
<p>The University of Melbourne, Melbourne Principals' Scholarship</p> <p>Awarded to a student in Year 12 who has an excellent academic record, and who has also exhibited strong leadership skills.</p>	 <p>Reena Dilinger</p>
<p>Higgins Medal Leadership Award – courtesy of Katie Allen MP</p> <p>Recognises and fosters leadership and leadership potential in the next generation of Australians.</p>	 <p>Mia Basile</p>
<p>Australian Olympic Change Maker Award</p> <p>Presented to the students who actively participate in the sporting program of the College and display the Olympic ideals of fair play and a positive attitude.</p>	<div>   </div> <p>Alyssa Polites Alissa Kinkela</p>

Blessing and Commissioning of Student Leaders

In your prayers and thoughts, please remember Petina Thomas (Administration Office) and her family. Petina's mother, Linda Gehrig, died on Monday, 22 February 2021.

***Eternal rest grant to her O Lord
May perpetual light shine upon her
May she rest in peace
Amen***



Every blessing for the fortnight ahead.

Christopher Dalton
Principal

"Almighty God, our Creator, you love our human family, we, children of Abraham, ask you to welcome into your abode of peace and light all victims of violence and war." PopeFrancis@Pontifex 7 March 2021

Deputy Principal – Student Wellbeing

Thank you to the many parents and carers who attended the Welcome Evenings over the last month. We hope that the evenings were both worthwhile and beneficial. We changed the format a few years ago based on feedback from families and staff to improve the evenings – increasing the focus on key information and building connectedness between home and school.

A number of resources have been placed on PAM following the Welcome Evenings – keynote addresses and resources, specific year level information and student attendance guidelines. I encourage all parents and carers to check PAM regularly, not only to access the recently added materials, but to also actively support your daughter's education by reading teacher feedback and being aware of key tasks and events.

Student Planner



As we have now settled into the new school year, parents and carers may have questions around student expectations. Answers to many of these questions are likely to be found in the published content of the student planner.

The front section includes important information to support learning, engagement and a safe and respectful learning community. Student expectations around learning, behaviour, uniform and mobile devices are stated and the consequences for inappropriate choices are outlined. This information is also on the College website (within the Student Wellbeing tab). The student planner also includes tips and strategies to support learning and timetable templates to aid organisational skills.

At the rear of the planner, you will find a section for parent/carers notes – please use this if your daughter is late to school, absent or needs to leave school early.

Student safety and parking

We all realise how crowded the roads around the school become before and after school. Please ensure that the safety of students and other road users remains paramount – saving time is not as important as avoiding an accident or injury. If parking away from the school, please ensure that residents or local schools are not negatively impacted. We have received a request from a local primary school for SHGC families not to use parking reserved for school staff.

Wellbeing for Learning – managing study and homework

Many students are preparing for, or undertaking, assessment tasks around this time – particularly VCE students. The following ideas from Headspace may ease student stress and improve effectiveness and effort:

Find ways to get started

The best time to get on top of your study is **right now**. You don't have to finish everything at once. It can be a good idea to start small: beginning is often the most difficult step.

Remove distractions

Set up a special study space where you **only do work**.

Seek out support

Confidence, ability and a readiness to get things done are key resilience attributes. It is important to set goals, plan, be organised and self-disciplined and be willing to work hard. Another key skill is being resourceful – **seek help and support** when you need it. This includes teachers, parents, College counsellors and friends.

Look after yourself

When it comes to study, your number one priority is **looking after your mental and physical health**. Probably the most important part of a study schedule is dedicating time for your wellbeing.

For more information, go to...

<https://headspace.org.au/blog/how-to-make-a-study-schedule-that-works/>

Commissioning of student leaders

Patience is a virtue and an attribute that our student leaders are blessed with. Having deferred the commissioning of student leaders twice, we were finally able to present student leaders from Years 8 to 12 to the College community on Thursday, 4 March. Sr Madeleine Barlow gave a beautiful blessing and the student leaders, led by College captains Elyse Pretty and Nerise Elliot, made their commitment and offered their leadership prayer. The event was streamed live to students and teachers in Homerooms.

We look forward witnessing the positive change these young women can bring to the school community and beyond.

Carmel Feeney

Deputy Principal – Student Wellbeing

AWARDS

On Friday, 26 February the College community came together to specifically celebrate and acknowledge the outstanding academic achievements of the Year 12 Class of 2020. As is often the case in these COVID times, it did take a slightly different form to previous years, with our invited guests and current Year 12 students present in the Hall and all other students viewing from their Homerooms. A very different first College assembly for our new Year 7 students!

Any student who received an ATAR over 90 was invited back, with their families, to this special occasion. And it also was an expanded celebration to include Unit 3 & 4 subject Dux award winners, Instrumental Music and Sports (swimming) awards and all other College awards of which 2020 Year 12 students were recipients. This included our Special College Awards. There certainly was an air of excitement on Friday afternoon as these young women gathered one more time with their families in the College Hall to celebrate and acknowledge their achievements.



You will find below, a full list of all the other award winners as well as the tertiary destinations of the 42 students who attained an ATAR over 90. A highlight of the assembly was the address of our College Dux, Melanie Noonan, who attained an ATAR of 99.85 and has been awarded an Engineering Excellence Scholarship from Monash University – a scholarship which is only given to 10 students each year. Melanie will be studying an Engineering (Honours)/Science degree.

The Sacred Heart community is proud of the academic achievements celebrated at this assembly, but also proud of each and every one of the 166 students who completed Year 12 in 2020 in the most challenging of circumstances and wish them all much success and happiness in the next stage of their lives, whatever that may be.

High Achievers and Destinations

Erin Bibby	Education (Primary and Special Education)	Australian Catholic University
Bianca Pham	Speech Pathology	Australian Catholic University
Sarah Fritchley	Primary and Secondary Inclusive Education (Honours)	Monash University
Antigit Thomas	Biomedical Engineering (Honours)	Monash University
Lucy Jansson	Nutrition Science (Dietetics Pathway)	Deakin University
Dana Fomin	Occupational Therapy (Honours)	Monash University
Disara Wickramasinghe	Pharmacy (Honours)	Monash University
Piosha (Keshi) Balapitiya	Architecture	RMIT University
Madeline Scandurra	Psychology (Honours)	Monash University

Beth O'Brien	Agriculture	University of Melbourne
Laetitia Teo	Engineering (Honours)	Monash University
Ka Yuet (Danielle) Ko	Speech Pathology	Australian Catholic University
Petra Bartha	Communication Design	RMIT University
Serena Kim	Commerce/Law	Deakin University
Alexis Condovrakis	Interior Design (Honours)	RMIT University
Riva Marshall	Radiography and Medical Imaging (Honours)	Monash University
Natalie Robinson	Business/Arts	Monash University
Faustina Chau	Commerce/Information Technology	Monash University
Winnie Ho	Design	University of Melbourne
Tracey Mai	Engineering (Honours)	Monash University
Sofia Tikellis	Occupational Therapy (Honours)	Monash University
Isabella Pahljina	Commerce	University of Melbourne
Amanda Fernandes	Biomedicine	University of Melbourne
Estelle Coralie	Computer Science	Monash University
Georgia Katsaros	Engineering (Honours) - Masters Accelerated Pathway	Monash University
Pellegrina Nheu	Chemical Engineering (Honours)/Pharmaceutical Science	Monash University
Christina Prakash	Engineering (Honours)/Science	Monash University
Isabella Cook	Arts	University of Melbourne
Olivia Curmi	Biomedicine	University of Melbourne
Giorgia Kalogeropoulos	Arts/Law	Deakin University
Marina Morks	Physiotherapy (Honours)	Monash University
Sue-Yin Leow	Physiotherapy (Honours)	Monash University
Reena Dilinger	Commerce	University of Melbourne
Mia Curigliano	Pharmacy (Honours) Scholars program/Master of Pharmacy	Monash University
Jodie Do	Engineering (Honours) - Masters Accelerated Pathway	Monash University
Vera Maitrak	Laws (Honours)/Biomedical Science	Monash University
Marina Zakary	Physiotherapy (Honours)	Monash University
Mia Basile	Laws (Honours)/Arts	Monash University
Gabriella Bratek	Health Sciences	La Trobe University
Tania Tran	Science	Monash University
Lisa Ho	Biomedicine	University of Melbourne

Unit 3 & 4 Subject Dux Awards

Recipient/s	Subjects
Mia Basile	Art, English and Literature
Gabriella Bratek	Religion and Society (perfect study score of 50)
Joshlyn Chand	Accounting
Faustina Chau	Further Mathematics
Alexis Condovrakis	Business Management and Outdoor and Environmental Studies
Isabella Cook	History: Revolutions, Italian and Media
Estelle Coralie	Applied Computing: Data Analytics and English Language
Mia Curigliano	Psychology
Winnie Ho	Visual Communication Design

Aurora Lahur	Biology
Sue-Yin Leow	Physical Education
Vera Maitrak	French
Christina Mitten	Economics
Melanie Noonan	Chemistry, English, Mathematical Methods, Physics and Specialist Mathematics
Bianca Pham	Indonesian Second Language
Eden Platcher	Dance
Alyssa Polites	Food Studies
Christina Prakash	English Language
Ardhra Prema Prasad	Legal Studies
Natalie Robinson	Theatre Studies
Marina Zakary	Further Mathematics and Health and Human Development (perfect study score of 50)

Other College Awards

Instrumental Music Award, Voice Awarded to one or more students who have shown outstanding service to music throughout the year.	Lily Mason
House Swimming Award Presented to the students from each year level who have earned the most points for their House at the Annual House Swimming carnival.	Sofia Montibeller

Julie Swanson
Deputy Principal – Learning and Teaching

Year 8 News

With a mere two weeks at school before pivoting to home-based learning it was difficult for Year 8 students to initially get to know one another. Classes are taking every opportunity to further develop relationships amid students and between teachers and students; however, wearing of masks significantly increased the degree of difficulty for a period of time! Homeroom Representatives have now been elected and badges awarded. This process was deferred to ensure students knew all their class members better.

Congratulations to the Semester One Year 8 Homeroom Representatives:

Class	Student
8 Blue	Evangelia Tsitsikas Tiyashi Pereira
8 Gold	Lianna Monteiro Dominique Lachina
8 Green	Georgia Vardavakis Tavishi Seneviratne
8 Purple	Shehani Dassanayake Brianna Rodrigues
8 Red	Phoebe Tran Simren Kaur
8 Silver	Teneika Fraga Avani Arora

Mindful of the potential impact that the global pandemic may have on the wellbeing of many students, our first Wellbeing for Learning session highlighted people at school and in the wider community who can provide help and ensure challenges are addressed in a safe and supportive way. Our second Wellbeing for Learning session concentrated on Child Safe Standards and empowering students by explicitly addressing this topic, emphasising the rights of students and informing them of the support structures available. Our third Wellbeing for Learning session for the term focussed on eSafety, with particular emphasis on the benefits of establishing and maintaining a good "personal brand". Students participated in class, group discussion and other activities to identify key 'brand' influences, the long-term impact of a "poor brand" and how to address such issues in a constructive manner. The 'What's your brand' presentation is available on the eSafety website if you would like to view it.

The above workshops aimed to enhance each student's knowledge and skills and involved explicit teaching. The i (individual) and other pillars of the i-ECSSAL Wellbeing for Learning program were explained at the Parent Welcome evening.

We have protocols in place at SHGC to ensure student safety and care. If your daughter needs to leave school prior to the end of the normal school day, please provide a signed note that explains the reasons for the early departure (a note section can be located at the back of the student diary). This will be checked and signed by both the Homeroom teacher and Year Level Leader before a student signs out at the school office. Additionally, if a student is unwell, trained staff in school office will communicate with parents /carers. Students should not be contacting parents directly.

With my best wishes

Kate de Lacy
Year 8 Level Leader

Year 12 News from the start of 2021...

A big congratulations to the 2021 Year12 cohort for their wonderful, positive start to the year. Many teachers have been commenting on how impressed they are with the attentiveness and participation of their class members.

Year 12s have certainly hit the ground running- e having already celebrated their Formal, participated in the Mentors Breakfast and sat their first set of SACs.

Year 12 Formal

The Year 12 Formal is always a highlight for the students, but this year it was more special than most because it was just before the snap lockdown. There were many anxious moments in the lead up to this year's Formal – will it go ahead? Will we be able to bring partners? Will we be allowed to dance? Thankfully the answer to these questions and more was 'Yes'. It was lovely to see all the students and their partners dressed in amazing outfits and having a memorable night out with their friends.

"The Year 12 Formal was a great way to start the year. Even though we had to wear masks and keep our distance on the dance floor, the night was a great opportunity to have fun with friends, meet new people, and dress up for the first time in a very long time (thanks COVID). The anticipation and excitement leading up to the night was all worth it, and everybody looked fabulous." Claire Kenney (12 Green).

Mentors Breakfast

On Friday morning, the Year 12s had breakfast with past SHGC student mentors who shared their experiences and advice about VCE, life after school and the various career pathways available. Each table was organised by certain areas of interest including healthcare, engineering and economics.

As the Year 12s near the end of their time at the College and begin to plan their futures beyond secondary school – whether it be TAFE, University or the workforce – the insight and advice provided by the mentors was invaluable. Having people that have actually gone through what the current Class of 2021 is going through proved such a great experience, as both current students and mentors shared their stories relating to managing the pressures of school and dealing with the increased independence and responsibility of being a young adult.

As we celebrate International Women's Day on 8 March, this morning demonstrated the power of good female role models and the importance of women empowering other women. It was an incredibly valuable event and the conversations that were had today will definitely benefit us far into the future.

Aurora Lahur Year 12

Hands on Humanities! – Year 7 History Boxes

As Year 7 students explore the fundamentals of being historians, they are learning about different 'sources' and how these can be used to understand the what, how, who and why of history. The Year 7 Teachers have prepared 'History boxes' which contain a collection of historical artefacts and sources about famous historical figures – the names of whom have not been revealed! Students begin solving this mystery of identification by studying and discussing the sources to come up with their own story and theory about the person. The next step will be to carry out research to uncover who in History the sources are actually about and present their findings to the class. What begins as a historical mystery will end in factual understandings and important lessons about being historians!



Sports Department

House Swimming Carnival

The 2021 House Swimming Carnival took place on Tuesday, 9 February. Although not everyone was there, the weather was perfect and it was still an amazing day full of team spirit and fun. Despite Bede House not having the most competitors, we took an early lead and managed to hold on for the rest of the day. This was Bede House's 6th House Swimming Carnival win in a row! All Houses undeniably tried their best both in terms of spirit and competition. Xavier received the Spirit Award for their endless cheering, dominant participation and eager enthusiasm.

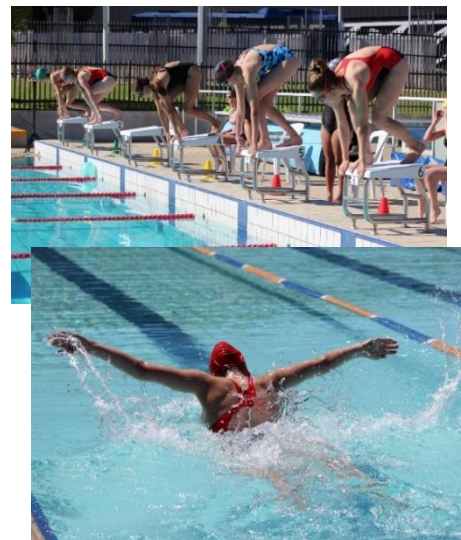
Congratulations and well done to everyone who participated and a big thanks to all the staff and student leaders that helped the day run seamlessly. Our next House event is the Athletics Carnival so make sure you get involved!!

Shenelle Amarakoon and Maddie Huggins
Bede House Captains

The 2021 House Swimming Carnival was a successful and exciting day. Despite COVID-19 restrictions, the competitors, teachers and school leaders all helped to make the day run smoothly. Great efforts were seen from all Houses, with Bede (1344pts) taking first place (again!); Xavier 2nd (1094 points); a close 3rd from Trinity (1023 points) and Paul in 4th place (907 points). The level of participation, cheering and chants kept the atmosphere buzzing, however the most enthusiastic house was Xavier, and they were awarded the House Spirit Award.

Of course, a huge thank you to Ms Fay and Ms Di Maria for organising such a fun day, and all the other staff who helped throughout the day. I hope everyone is looking forward to many more exciting sport events throughout the year!

Emma Kurban
Deputy College Captain Sport



SCSA SPORTS LEADERS' BREAKFAST

On Thursday, 25 February our College Sports Captain, Emma Kurban and our College House Captains attended the SCSA Sports Leaders Breakfast held at MSAC. Guest speaker, Olympic swimmer, Nicole Livingstone, provided the students with tips and inspiration on how to be an effective leader whilst caring for your wellbeing and adapting in an ever-changing world.



JESSICA STEFANOVIC

We congratulate Jessica Stefanovic who, over the past 2 weeks, participated at the State Athletics Championships held at Albert Park.

Jessica competed in the U18 Shot Put and came away with a comfortable win of a throw of 14.24m (2.94m ahead of second place). Jessica also competed in the Open Women's Shot Put winning a Bronze medal with a throw of 12.35m. The U18 women throw a 3kg shot put and Open Women throw a 4kg shot put.

On the second weekend of the Championships, Jessica participated in the U18 discus and came 2nd with a throw of 34.78m.

Jess will travel to Sydney in April to compete at the Nationals and throw for the first time in an Open Women's event. Congratulations Jessica! The Sacred Heart community wish you every success in your upcoming competition.



Student Achievements

If your daughter has participated at a State, National or International level, please email her achievements through to me with a photo at tfay@shgc.vic.edu.au so that we can recognise her achievements and publish them in the College newsletter.

Tasia Fay
Sport Administrator

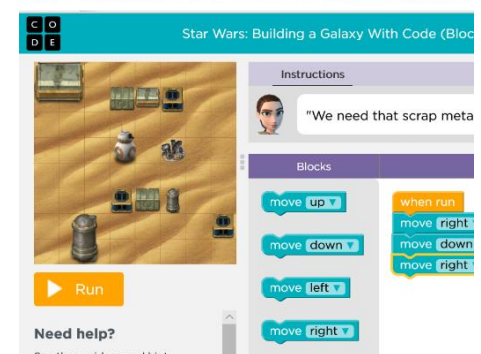
CODING CLUB



At the Coding Club students gather weekly during their lunchbreak to code with their friends in a relaxed environment. They are introduced to real life programming using various coding languages such as Python, HTML, JavaScript and Scratch. Through a series of short tutorials delivered through a variety of coding platforms, students progressively develop their understanding of coding, as well as the purpose and use of formal code. The program has been developed to expand creativity, increase student engagement and develop critical thinking skills. Tasks are short so goals can be reached quickly to boost student confidence and maintain a level of excitement. Programs are adjusted by staff to either support or extend each student.

Participating in such a program helps students in their understanding of how programs work and how coding is structured. We believe that every student should be challenged in various ways to build resilience. Through personal achievement and coding, students are able to think, and problem solve and in turn improve their mathematical and writing skills.

Sessions began on Thursday, 4 March in E11 and will run every Wednesday lunch throughout the term. Students bring their lunch and laptop and together with students from various year levels, enjoy some coding time.



YEAR 7 CODE FROM HOME PROGRAM

As part of the IT Curriculum Year 7 students will be participating in a 'Code from home' program. Students will be working through a series of coding exercises from home and at school, to develop their basic understanding of coding and expand on previous knowledge. Participating in such a program will aid in their understanding of how coding is structured and will give them confidence in coding on their own.

The students will be using various coding languages such as Python, HTML, JavaScript and Scratch. They will learn to plan and organise their thoughts as they code and be able to then use these skills in all their subjects. Students can also come along to the Coding Club for help and to work on their coding exercises.

We believe every student should learn to code. Apart from helping them improve their mathematical and writing skills, it gives them valuable skills in life and eventually in the workforce.

Chrisa Damiris
Learning Leader of Technologies

Australian Catholics Magazine 2021 Media Internship Program

Australian Catholics is offering a chance for Year 10 and 11 students across Australia to apply for our media internship program in 2021. This is an exciting opportunity for students interested in a career in journalism, communications, media or publishing.

The internship program has been running since 2011, giving young people the chance to spend a week learning from professionals in media and publishing while gaining hands-on experience writing and editing articles for the magazine.

About the program

This year's program will take place online from 10 to 14 May. Successful applicants will join the rest of the guest editorial team and *Australian Catholics* staff via teleconference throughout the week to plan, workshop and write articles for the Spring edition. There is no cost for students to participate in the program.

The editorial team will have the chance to learn how a magazine edition is developed, engage in the creative thinking and planning that begins the process. *Australian Catholics* ensure interns understand all the elements that bring together a publication, as well as giving them specific focus as they produce their own articles for publication.

In addition, the students will have the opportunity to attend presentations from journalists and other media professionals who have an intimate knowledge of the media and publishing industries. These will include experienced editors and journalists working in the field; younger media professionals currently finding their creative voice in the industry; and perspectives from visual media professionals who know how to tell compelling stories with a range of technology.

After the edition hits the streets in August, *Australian Catholics* will also invite students, teachers and families to a special online launch event.

Before you apply

Students looking to apply for the program will need the support of their school, and a nominated teacher contact. *Australian Catholics* highly recommends that schools allow students to take a week out of class for the program - either to participate from school or from home depending on the students' circumstances.

The days will run from 9am to 3.30pm. Each day has a morning and afternoon 'newsroom' where students check in via videoconference and provide an update on their progress with their stories. Workshops and presentations will generally take place in the mornings, with the students then given offline time to work on their articles during the afternoons. Some space will also be provided for students to work together on shared stories.

Australian Catholics require schools and students to ensure they can connect with the team via videoconferencing. Students will be required to complete their stories for the magazine in the weeks after the internship program ahead of the deadline in June.

Students looking to apply for the program will need:

- **A cover note** explaining why they're applying for the program.
- **Three samples of their writing.** The samples should be diverse and represent their interests as well as something of their skills. As well as writing skills, we're looking for the interests and experiences people might bring to the program.
- **An endorsement letter** from a teacher indicating participation is possible within the school's program.
- **Contact details** for the student, their parents and for the teacher so that we can provide information about the week.

The deadline for applications for this year's program is **Monday 15 March**.

Successful applicants will be advised by the close of Term 1. Students who are unsuccessful will still be given the opportunity to contribute to future editions of the magazine via our young writers community (see more details below).

[APPLY FOR THE PROGRAM HERE.](#)

If you have any further questions about the program, or if you require more detailed information, please feel free to contact our staff at editor@australiancatholics.com.au.

More opportunities for young writers

Young writer's community

Are you a secondary student or university student aged 15 to 25? Are you interested in writing? *Australian Catholics* has started a young writer's community, with opportunities to have student work featured in the magazine.

The community is open to young writers, as well as parents and teachers of young writers.

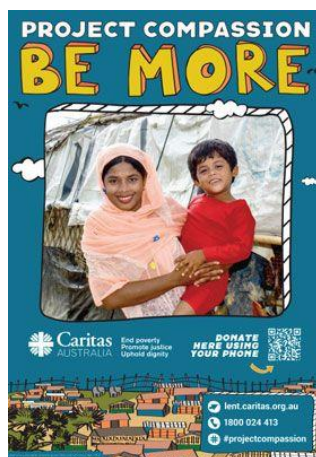
Please email Mrs Peluso (apeluso@shgc.vic.edu.au) if you are interested.



(<https://www.australiancatholics.com.au/article/2021-media-internship-program>)

Social Justice News

Be More this Lent: Project Compassion



Students from the College Vinnies Team, who organise our Project Compassion collections across the College, attended a presentation about the global work of Caritas from Caritas on 4 February. The presentation provided students with a deeper understanding of the link between their local work supporting Project Compassion and the Caritas mission for the full realisation of human dignity and wellbeing for all people as the means to end poverty and injustice.

The presentation also provided connection for our students on the Caritas theme 'Be More' and our own 2021 college theme 'We Choose Hope'.

We had also prepared for our annual Shrove Tuesday Pancake Stall where our students usually cook over 1,000 pancakes for the College community. We were disappointed (but not discouraged!) that this event was cancelled due to the COVID lockdown.



Donations to Project Compassion can be made in Homerooms via the Project Compassion box, or directly to Caritas at <https://lent.caritas.org.au/donate>

Slavery Free Easter:

The sweet, but sometimes-bitter truth about Easter Chocolate

2021 the International Year for the Elimination of Child Labour

Chocolate is delicious and people around the world know it. Every Easter, Australians spend millions of dollars buying hundreds of kilograms of chocolate to eat and give away.

Australians will purchase over \$200 million in chocolate this Easter. A 2018 report by [IBISWorld](#) found that Australia's chocolate spend had risen by \$26 million over the previous five years (up to 2018).

But some of this chocolate is tainted by slavery and comes at the cost of a child's health, education and sometimes his or her freedom. Much of our chocolate is made using cocoa beans harvested by children, often in the West African region. Many of these children are forced into labour.

We can help change this.

Slavery-free chocolate is chocolate that is certified. Look for chocolate with one of the four logos on it – Fairtrade, UTZ or Rainforest Alliance.



There are some slavery-free chocolates available in most large supermarkets. ALDI and Haighs have an extensive range of UTZ certified chocolates and even more leading up to Easter. Fairtrade Australia and New Zealand has a list of slavery-free certified chocolates. Find it at: <https://fairtradeanz.org/consumers/products/chocolate>



Be Slavery Free has an [Easter Chocolate Shopping Guide](#) with information on which chocolate is slavery-free. The 2021 version of this guide will be available mid-March.

Consistent with Catholic Social Teaching, Sacred Heart Girls' College has an ethical purchasing program that ensures that everything it buys is slavery-free. We also encourage our College community to support slavery-free products by shopping ethically, especially at Easter.

This year, our SRC leaders will be speaking to their year levels about child chocolate slaves- raising awareness of this unjust and cruel practice.

Leigh Shelley
Social Justice Coordinator
Mission and Ministry Team

Canteen News

We are looking forward to welcoming back our parent volunteers into the canteen at the beginning of Term 2! It has been over 12 months since we have seen you all and you have certainly been missed.

Prior to the start of the term, you will receive a letter outlining what is required when coming into the canteen as well as your roster. If you haven't received any correspondence by March 29 please email jwitts@shgc.vic.edu.au or telephone the College on 9568 5488. You will also receive a text message as a reminder a few days before your duty. Please respond to these messages so we know you are coming.

Sharon and I look forward to catching up with our old volunteers and welcoming our new ones.

Julie Witts
Canteen Manager

Youth + Young Adult Retreat Day 20 March 2021



Further Information and Registration

- ✓ Please see our website for further details
- ✓ On-line registration essential
- ✓ \$10 per person
- ✓ Sausage sizzle lunch
- ✓ Tea, coffee, water available
- ✓ 465 Lysterfield Rd Lysterfield
- ✓ Easy access from M3 Eastlink and Monash Freeways



Programme

9:30	Arrival and registration
10:00	Orientation and welcome prayer
11:30	Way of the Cross
12:30	Sausage sizzle lunch
1:00 – 3:00	Priests available for Reconciliation
3:00	Eucharistic meditation
4:00pm	Vigil Mass of 5 th Sunday of Lent

Spiritual Renewal

- ✓ A retreat for young people by young people
- ✓ Celebrate and pray together with other young Catholics
- ✓ Allow the beauty and tranquility of the Lysterfield Valley to nourish your faith
- ✓ An opportunity to search your heart and renew your spiritual life

donboscoretreats.org.au



Seniors Lenten Retreat Day Friday 26 March 2021



Programme

9:45	Arrival and welcome
10:00	Prayer and introductory talk
10:45	Morning Tea
11:15	Quiet Personal Reflection
	Priests available for Reconciliation
12:00	Mass
1:00	Lunch
2:00	Exposition of the Blessed Sacrament
2:30	Benediction
	Departure

Spiritual Renewal Easy Access

- ✓ Enjoy the beauty of the picturesque Lysterfield Valley, a beautiful country style lunch, and an opportunity for prayer and reflection
- ✓ 465 Lysterfield Road Lysterfield
- ✓ Only 10 minutes from M3 Eastlink and 15 minutes from Monash Freeway

Further Information and Registration

- ✓ Please see our website for further details
- ✓ Register and pay on-line
- ✓ Please call Candy for further assistance
9752 2432 (Mon, Wed, Fri
9:00am – 2:00pm)
- ✓ \$50 per person



donboscoretreats.org.au

